Spring 2023

# DSS Newsletter

Loyola Marymount University

Issue #21

DSS Daum Hall, 2nd Floor

### Spring 2023 Important Dates

Jan. 09: Classes Begin

**Jan. 13:** Last day to Add/Drop classes without a grad of W and a 100% tuition refund

**Jan. 16:** No classes/Martin Luther King Jr.'s Birthday

**Jan. 27:** Last day for undergraduates to finish coursework for Fall grades

Feb. 27 - Mar. 3: No classes/Spring

Break

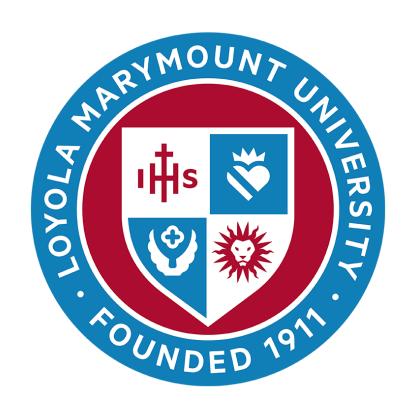
**Mar. 3:** Last day to withdraw from classes and apply for Credit/No credit grading

Mar. 31: No classes/Cesar Chavez Day

Apr. 5-7: No Classes/Easter Holiday

**Apr. 20-24:** Completed test proctoring forms for Finals due!

May 1-5: Finals Week



# **Disabilities Support Services & Staff**



What is DSS? DSS works with all members of the LMU community to ensure that accommodations are provided to students who have established a disability that limits them in a major life activity.

Students interested in receiving accommodations from the university will need to apply using the <u>online application</u>. Once your application is received, one of our specialists will review your application and contact you with next steps! Our process is easy and will not take you long to complete!

Once your application is approved, we will inform you of your accommodations. Some common accommodations include:
Assistance in scheduling classes in accessible locations, permission to audio record lectures, note taking services, extended testing time, real time captioning, and access to assistive technology.

Meet our staff! Our office is filled with wonderful staff who want to assist you during your studies here at LMU.

Priscilla Levine: Director

Elmira Irvin: Assistant Director

Rachelle Compton: Specialist

David Guzman: Specialist

Delores Rhaburn: Administrative Coordinator, Proctoring

Desiree Romero: Administrative Coordinator, Note Taking

Troy Seals II, Romil Shah and Neel Shah: Graduate Assistants

Please contact our office at dsslmu@lmu.edu or at 310-338-4216.

### Academic Resource Center

https://academics.lmu.edu/arc/

At the Academic Resource Center, you will find university advising, writing and course tutoring in addition to first-generation support resources.

### Katz Family Academic Skills Program

https://academics.lmu.edu/katzfamilyaca demicskillsprogram/

At the Katz Family Academic Skills Program you will be provided with enhanced academic support services. They provide individual learning sessions for students who may have been identified with learning disabilities or disorders.

#### Ignacio Student Support Services

https://academics.lmu.edu/ignacio/

At Ignacio Student Support Services, it is a program designed to serve students from first generation, financial need, and disability backgrounds who demonstrate strong academic potential. Visit their website to learn more about their programs.

## **DSS LMU**

# **Spring 2023 Wellness Groups and Workshops**

Student Psychological Services (SPS) offers a range of workshops and groups to help students reach wellness goals.

#### Here are a list of ongoing workshops:

- \*Grief and Loss Support Groups
- \* Essentials of Interpersonal Effectiveness
- \*Managing/Overcoming Anxiety & Stress
- \*Thriving with Depression
- \*Social Anxiety & Social Skills Group
- \*The Circle: An LGBT+ Discussion
- \*Sisters Chat: Black Women Connect
- \*Yoga for Trauma Recovery

Please visit <u>here</u> for more information on group workshops

The department of Student Psychological Services is committed to facilitating student growth and development of the whole person by providing high quality, confidential psychological services that are ethical, culturally informed, and social-justice oriented to ensure the inclusivity and safety for students.

Their therapists have advanced degrees, training, and experience in clinical and counseling psychology. SPS is here to help students develop their full personal, social, and intellectual potential during your years at LMU. They also hope to help students adapt to lifes many challenges and opportunities.

Location: Second floor, north side of Burns Recreation Center (above Student Health Services)

Phone: 310-338-2868

#### Hours of Operation:

Monday 8am-6pm Tuesday 8am-6pm Wednesday 8am-7pm \*5-7 pm by appointment only Thursday 8am-5pm Friday 8am-5pm





# Career and Professional Development— Career Trek Programs

Career and Professional Development's (CPD) Career Treks program brings students into workplaces in order to expose them to potential career paths and broaden their understanding of industries. The program leverages LMU's well-positioned and successful alumni who are excited to share their insights and personal career stories with students. Participants will engage with LMU graduates around specific interests through targeted learning, conversation, and informal networking.

This year, Career Treks plans to take place during the Spring Break, February 28th - March 3rd in the Bay Area! Apply by January 29th, 2023. The program is open to all majors and class levels!

Visit CPD at - <a href="https://careers.lmu.edu/events/careertreks/">https://careers.lmu.edu/events/careertreks/</a> for program details.

### LMU Emergency Management

Be Prepared!

Calling all lions! Make 2023 your year to be prepared for any disaster that may come our way. Ensure you have an emergency kit stocked with essential items, fill out your family emergency plan, and check out LA County's emergency preparedness AFN handbook. See more emergency preparedness tips on the LMU Emergency Management page



# **ANNOUNCEMENTS**

Disability Support Services - Daum Hall

# DSS Online Portal for Accommodations



Login to the DSS online portal to access your approved accommodations. At the beginning of each semester students must log in to access their DSS approved accommodations. Visit <a href="here">here</a>, click on "Sign In" and login with your LMU credentials. You can select the accommodations you would like to use per class. Contact DSS if you need assistance with requesting accommodations or with the website.

### DSS at Wellness Wednesdays

DSS will be tabling at wellness Wednesdays to promote recruit and hire note takers on Wednesday, February 8<sup>th</sup>. If you are interested, please stop by our table to pick up a flyer and learn how to apply. Please also stop by to inquire about the many services that our office provides and meet some of the staff and specialists.



UPLOAD NOTES
 WEEKLY TO THE DSS

WEBSITE

ONLINE SERVICES

2023 Spring Commencement

### **AfterLMU**

**Grad Fest** 

Grad Fest will take place on Wednesday, February 22 - Thursday, February 24<sup>th</sup> at the LMU Bookstore (Von der Ahe Building, Level 1).

At Grad Fest, students are encouraged to order their regalia. You will also have the chance to take a FREE commencement photo and receive special pricing on graduation items. Please visit <a href="here">here</a> to get more information.



Coordinator, Desiree, at

desiree.romero@lmu.edu Turn for application details